

The ROSS Health & Beauty Centre



2026 PRICE LIST

The Mews, Church Street, Ross-on-Wye,
Herefordshire, HR9 5HN

Telephone: 01989 564579

www.rosshealthandbeauty.co.uk

ENVIRON, MATIS & NIMUE APPOINTED SALON

Opening Hours

Mon	9.30am	-	6.00pm
Tues	9.30am	-	6.00pm
Wed	9.30am	-	6.00pm
Thurs	9.30am	-	6.00pm
Fri	9.30am	-	6.00pm
Sat	variable hours		

(Times may sometimes vary/be extended)



O·P·I



ENVIRON.

CNDTM
THE ART & CARE OF NAILS

nimue
SKIN TECHNOLOGY
A leader in scientific skincare.



MATIS
PARIS



WAXING

Using high quality wax to gently remove unwanted hair. Lasts 4-6 weeks. Lessens hair growth, becoming softer, finer and often lighter in colour.

1/2 Leg Wax	£19.60
3/4 Leg Wax	£22.80
Full Leg Wax.....	£31.50
Full Leg Wax & Bikini Line	£41.35
Full Leg Wax, Bikini, U/Arm	£49.00
Underarm Wax	£13.25
Lip or Chin Waxing.....	£12.50
Lip and Chin Waxing.....	£17.50
Bikini Line Wax (regular)	from £16.00
Female Intimate Waxing	£35.50
Forearm Wax.....	£17.50
Men's Back Wax.....	£28.50
Men's Chest Wax.....	£28.50
Men's Chest and Back Wax	£49.50
Nasal Wax.....	£11.95

ELECTROLYSIS -

Using **APILUS** advanced hair removal system.

Treatment using sterile disposable needles.

Minimum charge	£17.45
10 Minutes.....	£21.00
up to 15 Minutes	£24.35
up to 20 Minutes	£28.15
up to 25 Minutes	£30.50
up to 40 Minutes	£41.00

EYELASHES & BROWS (Skin patch-test required)

Eyebrow Waxing	£13.50
Eyelash-tinting	£17.00
Eyebrow-tinting.....	£13.50
Eyebrow-tinting & Shape	£22.80
Hybrid brow tint and shape	£33.95
Eyelashes & Brows Tint	£24.00
Eyelash Tint & Brow Shape	£24.95
Eyelash Tint, Brow Tint & Shape	£33.50
Signature Brows wax and threading.....	£32.95
Eyelash Lift/Perm.....	£47.65
Eyelash Lift/Perm & Tint	£53.55
Eyelash Extensions Full set	<i>Call Salon to inquire</i>
3D Eyelash Extensions	<i>Call Salon to inquire</i>
Eyelash Removal of Extensions	<i>Call Salon to inquire</i>
Eyelash Infills.....	<i>Call Salon to inquire</i>

HANDS AND FEET

Manicure	£30.50
Luxury Manicure (includes hand mask).....	£38.50
Luxury Manicure with gel varnish.....	£40.00
French Manicure	£36.00
Pedicure (bring open toed shoes)	£39.50
Luxury Pedicure (bring open toed shoes) (includes foot mask) ..	£48.00
Luxury Pedicure with gel varnish	£55.00
File & Polish only (regular varnish).....	£22.50
Gel Manicure.....	£31.90
Gel Pedicure	£46.50
Gel on Toes	£31.90
Gel Soak Off (added to Manicure & Pedicure cost).....	£6.00
Gel Soak Off with file and strengthener	£17.00
Gel Nail Repair.....	from £3.60

IBX NAIL STRENGTHENING SYSTEM.

Treatment with nail shaping and cuticle work	£30.25
Treatment as add on service with other manicures.....	+£9.30

MATIS

PARIS

PRESTIGE CAVIAR EXPERIENCE (75 mins) £92.50

Great global Beauty Treatment with precious active ingredients, inspired by thalassotherapy. The exceptional remineralizing and highly sensorial treatment with precious active ingredients, combined with a deep and energising modelling that revives cellular energy and boosts the tone of the facial muscles.

with additional arm and décolleté exfoliation (90 mins) £110.00

SIGNATURE SOLUTION CELL-EXPERT VISAGE £87.50

The universal, technical and sensorial youth impulse treatment for sublimated beauty (75 mins).

ANTI-AGEING SOLUTIONS

Our targeted professional treatments to solve the skins needs related to ageing (60 - 75 mins).

ANTI-AGEING CORRECTIVE PEEL £77.25

An alternative to cosmetic medicine, this corrective peel smoothes, resurfaces and evens out the skin.

ANTI-AGEING CORRECTIVE-PLUMP £80.00

A concentrated treatment of deep plumping, hyaluronic acid, creating smooth and plump skin.

ANTI-AGEING DENSITY £85.00

This great global anti-ageing treatment restores the skin's firmness, its shape and its uniformity.

BEAUTY SOLUTIONS

Our targeted professional treatments to solve a skin type / condition.

FONDAMENTALE BEAUTY SOLUTION..... £66.95

The ultimate nourishing moisturising treatment in an innovative version with a two-phase texture (45 to 60 Minutes).

ECLAT BEAUTY SOLUTION..... £66.95

The great treatment for dull and tired skin that boosts deep radiance and perfects the complexion (45 to 60 Minutes).

DÉLICATE BEAUTY SOLUTION £66.95

The care for sensitive and reactive skin, which soothes and brings comfort and softness (45 to 60 Minutes).

DENSITE BEAUTY SOLUTION..... £66.95

An anti-ageing protocol to restore the skin's firmness (45 to 60 Minutes).

PURITY BEAUTY SOLUTION £66.95

The visible skin care perfection for combination to oily skin that tightens pores and reduces shine (45 to 60 Minutes).

REGARD BEAUTY SOLUTION..... £56.50

The eye contour treatment that smoothes and relaxes to visibly preserve the youthfulness of the eyes (45 to 60 Minutes).

When added to other Matis facials (£25.75)

FLASH SOLUTIONS (35 mins)

Our customised 'express' care.

DÉLICATE FLASH SOLUTION..... £45.00

The gentle express care for sensitive skin to reduce and refresh the skin.

ECLAT FLASH SOLUTION £45.00

The express radiance treatment for dull and tired skin for a youthful and luminous skin.

PURETÉ FLASH SOLUTION £45.00

The express perfecting treatment to matify and purify combination to oily and/or asphyxiated skin.

CORRECTIVE FLASH SOLUTION £45.00

The express anti-ageing treatment to smooth and plump the facial features.

DENSITÉ FLASH SOLUTION..... £45.00

The express anti-ageing treatment to restructure and comfort mature skin.



NIMUE FACIAL TREATMENTS

A LEADER IN RESULTS-DRIVEN, SCIENTIFIC SKINCARE



Using products selected to suit your specific skin concerns. A blissful massage based facial to provide ultimate relaxation & deliver fantastic results for glowing, radiant skin.

- 40 minute Lifting therapeutic facial £43.00
- 70 minute Lifting therapeutic facial £69.00
(includes a treatment mask individually selected for your skin)
- 90 minute Lifting therapeutic facial £85.00
(as the 70 minute plus an eye massage & double action mask to decongest & smooth the eye area)

SMART PEEL - Gentle exfoliation for sensitive skins including rosacea. A calming, rejuvenating treatment (35 mins) £45.00

THERMAL DETOX PEEL - Express deep cleansing & exfoliating facial to leave skin glowing (35 mins) £45.00

ACTIVE REJUVENATING PEEL - 15% AHA peel to treat all skin concerns. This entry level peel leaves the skin refreshed, dewy & glowing. (60 mins) (Not suitable for sensitive skin) £70.00

The following facials require prior use of Nimue home care products. All Nimue peels require no downtime for the skin to recover.

35% GLYCOLIC PEEL A professional strength peel to treat deeper skin concerns to achieve a healthy rejuvenated skin £73.00

SRC PEEL - A blend of acids tailored to specific concerns with fantastic results (ageing - pigmentation - acne)..... £74.50

SMART RESURFACER PEEL - Nimue's strongest peel, dubbed "the botox peel" due to its lifting & firming properties..... £78.00

A course of 4 facials can be tailored to suit your skin care needs at a discounted price. Book your free consultation to discuss.

ENVIRON PROFESSIONAL TREATMENTS



ENVIRON™

ELECTRO-SONIC ESSENTIAL TREATMENTS

1½ hrs (3-4 areas) £78.50

1¾ hrs (10 areas) £95.00

Environ's pioneering Dual Electro-Sonic Technology sets the benchmark for Professional Skincare Treatments. Low frequency Sonophoresis together with pulsed Iontophoresis in combination with Environ's Professional Skincare formulations, helps deliver more of what skin needs, where it needs it most - making a real lasting difference, for life.

ESSENTIAL YOUTH RESET

Help soften the appearance of fine lines, sun-damage & sagging skin with this peptide and vitamin-packed treatment for a more youthful appearance.

ESSENTIAL MOISTURE BOOST

Help reduce the appearance of fine lines caused by dehydration and promote a more moisturised glow with this intensive treatment featuring hyaluronic acid as the key ingredient.

ESSENTIAL COMFORT CALM

Help soothe and comfort sensitive and irritated skin with this treatment which combines powerful ingredients to leave the skin feeling restored with a healthy-looking radiance.

ESSENTIAL RADIANCE REVEAL

Help target the signs of sun-damage and pigmentation with this treatment which boosts the skin with the correct combination of ingredients for a even-toned, radiant-looking appearance.

ELECTRO-SONIC "FOCUS-ON" TREATMENTS

40 mins £52.00

Specially developed to target specific areas using Environ's revolutionary Dual Electro-Sonic DF Technology, ensuring that your primary skincare concerns are directly addressed. Perfect for when time is limited.

FOCUS-ON FILLER

This innovative, intense and non-invasive treatment helps to smooth the look of facial lines and restore a rejuvenated, plumped youthfulness to the skin's appearance.

FOCUS-ON FROWN

The iconic peptide blend in this treatment assists to reduce the appearance of expression and frown lines on the forehead as well as eyes, leaving skin looking more smooth and relaxed.

FOCUS-ON EYE

Combining powerful peptide complexes with hyaluronic acid, this intense treatment promotes a refreshed, hydrated and youthful-looking eye area.

FOCUS-ON EVEN TONE

The powerful combination of vitamin A, C and AHA's assists to improve the appearance of pigmentation irregularities for a more even-toned and brighter-looking skin.

FOCUS-ON TEXTURE 60 min TCA Peel £82.50

An intensive combination of the three Environ Technologies: Dual Electro-Sonic, Cool Peel and Micro-Needling which assists to improve the appearance of mild scarring, revealing smoother, evenly-textured skin.

ENVIRON COOL PEEL TREATMENTS

Environ's unique Cool Peel Technology is a non-invasive, intelligent skin renewal system developed by Dr Des Fernandes to safely and effectively help refine, revive and brighten the appearance of skin. Experience a real, lasting difference through beautiful science.

TCA COOL PEEL

(Trichloroacetic Acid) Cool Peel Technique is a revolutionary non-invasive approach to peeling that offers greater control and enhanced results.

YOUTH RENEW COOL PEEL * (course recommended)

1¼ hrs..... TCA Peel £120.00

This cool peel treatment ASSISTS to reduce the appearance of premature ageing, fine lines, sun-damage and an uneven skin complexion. Discover the power of an intelligent skin peel that will leave the skin looking refreshed and vibrantly youthful.

BLEMISH CONTROL COOL PEEL * (course recommended)

1¼ hrs..... TCA Peel £120.00

This powerful cool peel treatment assists to improve the appearance of blemish-prone, distressed skin helping to unclog pores and remove surface impurities related to problematic skin conditions.

ROSACEA COOL PEEL

..... £110.00

* COURSE OF TCA COOL PEEL TREATMENT X6..£660.00

Book a case of 6 TCA Peels and receive an Environ Super-Moisturiser and Hydrating Capsules free(worth £90)

MOISTURE BOOST COOL PEEL

1¼ hrs..... £77.50

Designed to gently peel the skin's surface and revitalise dry, tired-looking skin to a healthy glow. Suitable to do all year round with no visible peeling or downtime.

DEEP CLEANSING COOL PEEL

1¼ hrs..... £77.50

This unique method of deep cleansing the skin is gentle yet effective in helping to purify and control the appearance of congestion and breakouts, leaving the skin looking clear, healthy and refreshed.

BRIGHT RECOVERY COOL PEEL

1¼ hrs..... £77.50

This gentle lactic acid cool peel assists to reduce the appearance of premature ageing, fine lines and uneven skin tone as a result of excessive sun exposure.

VIBRANT-C MICRO PEEL

1 hr..... £67.00

A concentrated vitamin C infused peel that is freshly mixed before application to ensure optimal freshness and efficacy. Proven to deliver a healthy-looking, evenly toned appearance as well as improved skin texture. An excellent choice for sun-damaged, pigmented and ageing concerns.

ENVIRON HAND OR FOOT VITAMIN WRAP

(30 mins)..... £30.00

The perfect add on to any Environ treatment to help soften, smooth and revive the appearance of dry, sun damaged skin on hands and feet. The intelligent combination of AHA's and essential vitamins A, C and E assists to promote nourishment to reveal healthier, more even-toned and youthful-looking skin.

As an added service with facial..... £10.00



Bio-Therapeutic

NON-SURGICAL FACE LIFT MICRO CURRENT FACIALS

NEW Bio Therapeutic. A treatment using a micro-current to improve muscle tone and stimulate the production of collagen in the skin. A visible difference can be noticed after just one treatment.

BIO-ULTIMATE AGE DEFYING FACIAL (1¼ hrs)

The Ultimate facial! The non-invasive Bio-Ultimate® Age Defying Facial is a complete and comprehensive service that targets fine lines, improves the appearance of skin tone, and offers intense hydration. Maintenance services are recommended monthly for longevity of results.

Single treatment..... £65.00

Course of 5..... (save £20) - £305.00

Course of 10.....(save £50) - £600.00

BT-COCKTAIL® LIFT (30mins)

The bt-Cocktail® lift is the ultimate mini face lift service. Key movements combined with advanced topical ingredients leave the skin firm, radiant and glowing.

Single treatment..... £40.95

Course of 5..... (save £15) - £189.75

INVISIBLE EXPRESSION FACIAL (45 mins)

Especially for eyes/forehead. This excellent service targets expression aging around the eyes and forehead. Intense hydration provides refreshed and supple skin while advanced technology dramatically reduces the appearance of fine lines.

Single treatment..... £53.50

Course of 5..... (save £15) - £252.50

TURBO LIFT FACIAL™ (1 hr)

Get a quick lift in less time! The Turbo Lift Facial™ service is perfect for a special occasion or a night out. Offers immediate, dynamic results. A full series is recommended for comprehensive results.

Single treatment..... £58.50

OTHER FACIALS

STEAM CLEAN FACIAL (1¼ hrs) £68.00

A great facial for blocked pores and congested skin types. This facial includes, deep cleansing, exfoliation, facial massage, steaming, removal of black heads and milia, finishing off with a face mask

ADVANCED TREATMENTS

CRYO PEN®

Cryotherapy works by delivering a precisely controlled jet of Nitrous Oxide gas at around -79°C. This causes an instantaneous freeze which destroys the unwanted cells on contact. Treats skin tags, angioma (Blood Spots), sun pigmentation, warts, verucae etc.....from £60.00

MOLE CHECK SERVICE (up to 3 Moles) £85.00

We work with dermatologists who specialise in recognising problematic moles. We take the photo using a dermascope and send for analysis. Results in 24-48 hours.

RED VEIN TREATMENT & SKIN TAG REMOVAL (advanced electrolysis)

First Consultation and Treatment (40 min)..... £60.00

Follow-up Treatments..... £55.00

MASSAGE AND BODY TREATMENTS

MASSAGE (Swedish style)

Full Body Massage (1 hr) £50.00

Back and Neck Massage (30 mins) £30.50

Massage (40 mins)..... £40.50

AROMATHERAPY

A most relaxing body massage using 100% pure essential pre blended oils to treat the whole body. Tailored to suit your personal needs.

Full Body (70 mins) £58.00

Course of 5 (save £10) - £280.00

Back and Neck (40 mins)..... £42.00

DEEP TISSUE MUSCLE ENERGISER MASSAGE

Pure therapeutic relaxation to alleviate stress deep down and release the discomfort of aching muscles. 100% natural Essential Oil Balms enhance the experience, leaving your mind calmer and muscles intensely soothed.

40 mins £42.50

70 mins £65.00

RHBC SIGNATURE BODY, FACE AND SCALP MASSAGE

A luxurious massage, designed to relax the whole body using our specifically chosen oils/balms. Helps to induce a sense of calm, wellness and sheer relaxation.

1½hrs..... £78.00

HEAVY LEGS TREATMENT (40 mins)..... £49.50

course of 5..... (save £10) - £237.50

Energise sluggish circulation and flush away toxins to relieve puffiness with this focused yet pampering treatment. Tired, aching muscles relax to leave you feeling like you're walking on air.

NEW MUM INDULGENCE TREAT (1 hr)..... £65.00

Combining a divine body massage, tailor-made facial and soothing mask, this rejuvenating and relaxing treatment has been specifically created for the needs of new mums. Leaves skin perfected and strengthened...as you unwind.

FULL BODY SCRUB

To remove dry-dead skin cells and moisturise the body, for silky-soft skin, followed by an application of luxury body lotion.

Ideal pre-tanning (40 min)..... £42.00

INDIAN HEAD MASSAGE (1 hr) £40.50

A truly relaxing massage technique covering the head and shoulders benefiting a variety of physical and emotional concerns.

TRANQUILITY SCALP MASSAGE (40 mins)..... £40.50

Intensely de-stressing back and scalp treatment to banish tension and aid restful sleep. Pressure point massage includes Essential Oils to invigorate and calm leaving a feeling a pure serenity.

BACK CLEANSE

A treatment to exfoliate and deep clean the back including steaming and the removal of blackheads.

(40 mins) £42.50

TANNING

SELF TANNING (Patch test required).

Achieve a golden tan without the sun. Perfect for that special occasion or pre-summer holiday.

St. Tropez air tan Full Body spray tan..... £26.50

St. Tropez air tan ½ Body spray tan £19.50

SUN SHOWER90p per minute

Using E.U. regulation compliant tubes

PACKAGES

TOP TO TOE (3¾ hrs)

Gel Manicure, Gel Pedicure, 70 min luxurious bespoke Facial, Back & Neck Massage

..... *(save £5) - £172.90

PREPARE FOR HOLIDAY (3¼ hrs)

Gel Manicure, Gel Pedicure, body exfoliation, eyelash tint*

..... (save £5) - £132.00

additional Spray Tan + £24.00

BRIDAL PACKAGE (3¾ hrs) (save £5) - £143.00

40 minute bespoke Facial, Gel Manicure, Gel Pedicure, eyelash tint* and eyebrow shape

Full Body Tan (St Tropez)* + £24.00

RELAXING TREAT (2¾ hrs)..... (save £5) - £126.00

Gel Manicure, 30 min back and neck massage and 70 mins luxurious bespoke Facial.

PROM PACKAGES (age 18yrs or under)Price on request

***Patch testing required before spray tanning and lash/brow tinting**

All Consultations - 15 mins..... £10.00

(refundable against treatments or products purchased)



• ALL PRICES MAY BE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE

• TREATMENTS MAY BE DISCONTINUED WITHOUT NOTICE

• A 50% CHARGE WILL BE MADE TO CLIENTS WHO FORGET OR CANCEL APPOINTMENTS WITH LESS THAN 24 HOURS NOTICE

• MOBILE PHONES

As a courtesy to other clients and to maintain a relaxed atmosphere, please keep phones switched off

• TREATMENT TIMES ARE GIVEN AS AN APPROXIMATE GUIDE

• PLEASE INFORM US OF ANY MEDICAL CONDITIONS BEFORE YOUR TREATMENT

• SKIN PATCH TEST REQUIRED PRIOR TO TINTING / PERMING / TANNING AND LASH AND BROW TINTING

• ALL COURSES VALID FOR 1 YEAR

• GIFT VOUCHERS ARE VALID FOR 6 MONTHS AND CANNOT BE EXTENDED OR EXCHANGED FOR CASH

• CLIENTS ARRIVING LATE FOR APPOINTMENTS WILL BE CHARGED IN FULL



**GIFT
VOUCHERS
AVAILABLE**

The Mews, Church Street, Ross-on-Wye,
Herefordshire, HR9 5HN

01989 564579

www.rosshealthandbeauty.co.uk

